



# Gymnastics, Trampoline, & Dance Classes

## Class Schedule

**August 31st - May 31st**

216 Commerce St.  
www.rootsacrosports.com  
Missoula Mt 59808 406-728-4258

	MON	TUES	WED	THUR	FRI	SAT	REQUIREMENTS/DISC	TUITION
<b>GYMNASTICS</b>								
<b>Movement Arts Club</b> 3yrs -5yrs	9:00-12:30 9:00-3:00	9:00-12:30	9:00-12:30	9:00-12:30			Gymnastics, Dance, Art, & Sports Agility	Call For Pricing
<b>Fire Fly</b> (3-4 yrs)		2:30-3:30		3:00-4:00 4:15-5:15 5:30-6:30			Child must be able to participate successfully without parent.	*\$75.40
<b>Super Fly</b> (5yrs)		2:30-3:30 3:45-4:45 5:00-6:00		3:00-4:00 4:15-5:15 5:30-6:30			Child must be able to participate successfully without parent.	*\$75.40
<b>Girls Mighty Mites</b> (Level 1) (6yrs- 12yrs)		2:45-3:45 4:00-5:00 5:15-6:15		4:00-5:00 5:15-6:15			Must be 6+ yrs old	*\$75.40
<b>Girls Star Lights</b> (Level 2) (6yrs- 12yrs)		2:45-4:00 4:00-5:15 5:30-6:45		4:00-5:15 5:15-6:30			Successful level 1 test	*\$83.80
<b>Boys Mighty Mites</b> (Level 1) (6yrs- 12yrs)		3:00-4:00 4:15-5:15 5:30-6:30					Must be 6+ yrs old	*\$75.40
<b>Boys Iron Man</b> (Level 2) (6yrs- 12yrs)		2:45-4:00 4:15-5:30 5:30-6:45					Successful level 1 test	*\$83.80
<b>TRAMPOLINE</b>								
<b>Pre-Requisite class</b> <b>Trampoline Level 1</b> (6+ yrs old)		6:15-7:15		2:30-3:30 4:45-5:45			INTRO to basics of flipping, conditioning, and tricking	*\$75.40
<b>Trampoline Level 2</b> (6+ yrs old)		6:45-7:45		3:30-4:30 6:00-7:00			Must complete level 1	*\$75.40
<b>Trampoline Level 3</b> (6+ yrs old)	4:00-5:00		4:00-5:00				Must complete level 2	*\$75.40
<b>Trampoline Level 4</b> (6+ yrs old)	5:00-6:00		5:00-6:00				Must complete level 3	*\$75.40
<b>TUMBLING</b>								
<b>TumblingLevel 1</b> (6+ yrs old)				3:30-4:30 6:00-7:00			INTRO to basics of flipping, conditioning, and tricking	*\$75.40
<b>Tumbling Level 2</b> (6+ yrs old)				2:30-3:30 4:45-5:45			Must complete level 1	*\$75.40
<b>Tumbling Level 3</b> (6+ yrs old)	5:00-6:00		5:00-6:00				Must complete level 2	*\$75.40
<b>Tumbling Level 4</b> (6+ yrs old)	6:00-7:00		6:00-7:00				Must complete level 3	*\$75.40

\$45 annual registration fee not included in above price!

Team Programs include Acro Performance, R.A.D. Competitive Dance Team, and Competitive Gymnastics

\*Tuition Calculated based on a 4 week month. Each month's tuition will vary based on how many days in that month



# Dance Schedule

**Class Schedule Sept 8th May 31st**

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MOVEMENT ARTS CENTER	MON	TUES	WED	THUR	FRI	REQUIREMENTS/DISC	TUITION
<b>TUMBLE DANCE</b>							
Pixies (3yrs- 4yrs)		5:00-6:00				Child must be able to participate successfully without a parent.	*\$65.00
Minnies (5yrs- 7yrs)		4:00-5:30				Must be 5-7 yrs old	*\$85.00
Moxies (8 -12 yrs)		5:00-6:30				Must be 8-12 yrs old	*\$85.00
<b>BALLET</b>							
Level 1 (8+ yrs)	5:00-6:00	4:00-5:00				Must be 8+ yrs old	*\$65.00
Level 2 (8+ yrs)	4:00-5:00	6:00-7:00		3:00-4:00		Must successfully pass level 1	*\$65.00
Level 3 (8+ yrs)				5:00-6:00		Must successfully pass level 2	*\$65.00
Level 4 (8+ yrs)				5:30-7:00		Must successfully pass level 3	*\$65.00
Level 5 (8+ yrs)	5:00-6:30		6:30-8:00			Must successfully pass level 4	*\$65.00
Pre-Point				4:00-5:00		Teacher recommendation required	*\$65.00
<b>HIP HOP</b>							
Level 1 (8+ yrs)		5:00-6:00				Must be 7-10 yrs old	*\$65.00
Level 2 (8+ yrs)				5:00-6:00		Must successfully pass level 1	*\$65.00
Level 3 (8+ yrs)			4:00-5:00			Must successfully pass level 2	*\$65.00
Junior Roots Crew Must be enrolled in Lvl 3 Hip Hop		4:00-5:00		4:00-5:00		By Invite	
Senior Roots Crew		8:00-9:30		8:00-9:30		By invite	
<b>LYRICAL/CONTEMPORARY</b>							
Level 1 (8+ yrs)				6:00-7:00		Must be 7-10 yrs old	*\$65.00
Level 2 (8+ yrs)	5:00-6:00					Must successfully pass level 1	*\$65.00
Level 3 (8+ yrs)	4:00-5:00					Must successfully pass level 2	*\$65.00
Level 4-5 (8+ yrs)						RAD Competition team enrollment required	
<b>JAZZ</b>							
Intro to Jazz (8+ yrs)		6:00-7:00					*\$65.00
Level 1 (8+ yrs)			5:00-6:00			Must be 6+ yrs old	*\$65.00
Level 2 (8+ yrs)			6:00-7:00			Successful level 1 test	*\$65.00
Level 3 (8+ yrs)			4:00-5:00			Successful level 2 test	*\$65.00
Level 4-5 (8+ yrs)						RAD Competition team enrollment required	
<b>ACRO FOR DANCERS</b>							
Level 1 (8+ yrs)		4:00-5:00 5:00-6:00				Must be 8+ yrs old	*\$75.40
Level 2/3 (8+ yrs)		4:00-5:00				Successful level 1 test	*\$75.40
Level 3 (8+ yrs)		7:00-8:00				Successful level 2 test	*\$75.40
Advanced Acro Tricks (8+ yrs)		6:00-7:00				Must have an Aerial and back handspring	

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Team Programs include Acro Performance, R.A.D. Competitive Dance Team, and Competitive Gymnastics

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**Chart below indicates 1 hr Dance/Acro for Dancers classes. Contact the office for pricing of 1 1/2 class**

1 hr Dance Classes Per Wk	Class Rates	1 hr Dance Classes Per Wk	Class Rates
1 Dance Class/Acro for Dance	*\$65.00	4 Dance Classes/Acro for Dance	*\$180.00
2 Dance Classes/Acro for Dance	*\$106.00	5 Dance Classes/Acro for Dance	*\$200.00
3 Dance Classes/Acro for Dance	*\$147.00	6 Dance Classes/Acro for Dance	*\$225.00



MOVEMENT ARTS CENTER

# TEAM OPTIONS

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MOVEMENT ARTS CENTER	MON	TUES	WED	THUR	FRI	SAT	DISCRPTION/REQUIREMENTS
GIRLS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)							
Girls Dynamites	5:30-7:30		5:30-7:30				By Invite Only
Girls Xcel Bronze		4:00-7:00		4:00-7:00			
Girls Xcel Silver		4:00-7:00		4:00-7:00	4:00-7:00		
Girls Xcel Gold/Platinum		4:00-8:00		4:00-8:00	4:00-8:00		
BOYS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)							
Boys Level 4 & 5		3:30-6:30		3:30-6:30			By Invite Only
Boys Level 6-8 & JD	4:00-8:00		4:00-8:00	4:00-8:00	4:00-8:00		By Invite Only
Boys Level 9 & 10	12:00-5:00	12:00-5:00	12:00-5:00	12:00-5:00	12:00-5:00		By Invite Only
APPRENTICE-APEX ACRO TEAM							
Boys Acro	5:00-7:00		5:00-7:00				By Invite Only
Girls Apprentice Lvl 1 & 2	4:00-6:30		4:00-6:30				By Invite Only
Girls Artisan Acro	4:00-7:00		4:00-7:00				By Invite Only
Girls Apex Acro	4:00-7:00		4:00-7:00				By Invite Only
ACRO TEAM ELECTIVES (RAPT)							
Boys Acro			Hip Hop 4:00-5:00				
Girls Artisan/Apex						Ballet 4:00-5:00	
						Handstand Canes 4:30-5:30	
						Tramp & Tumble 5:30-6:30	
HIGHSCOOL TROUPE							
Troupe	6:00-8:00		6:00-8:30				Level 3-4 Acro for Dancers Equivelant Must be in 8th grade to participate
GIRLS COMPETITIVE ACRO TEAMS (R.A.D.)							
Encore R.A.D. Competitive	4:00-8:00		4:00-8:00	4:00-8:00			By Invite Only
Premiere R.A.D. Competitive	4:00-8:00		4:00-8:00		4:00-8:00	9:00-12:00	By Invite Only

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