



Gymnastics and Trampoline Classes

Class Schedule

August 26th - May 31st

216 Commerce St.
 www.rootsacroports.com
 Missoula Mt 59808 406-728-4258

	MON	TUES	WED	THUR	FRI	SAT	REQUIREMENTS/DISC	TUITION
GYMNASTICS								
Movement Arts Club 3yrs -5yrs	9:00-12:30	9:00-12:30	9:00-12:30	9:00-12:30			Gymnastics, Dance, Art, & Sports Agility	Call For Pricing
Fire Fly (3-4 yrs)		10:00-10:45 4:00-4:45 4:10-4:55 4:50-5:35 5:40-6:25		3:50-4:45 4:20-5:05	10:00-10:45		Child must be able to participate successfully without parent.	*\$64.00
Super Fly (5yrs)		3:50-4:40 5:00-5:50 5:10-6:00 5:50-6:40		4:50-5:40 5:20-6:10		10:00-10:50	Child must be able to participate successfully without parent.	*\$64.00
Girls Mighty Mites (Level 1) (6yrs- 12yrs)		3:45-5:05 4:00-5:20 5:15-6:35 5:30-6:50		3:00-4:20 4:00-5:20 4:30-5:50 5:30-6:50			Must be 6+ yrs old	*\$82.00
Girls Star Lights (Level 2) (6yrs- 12yrs)		3:45-5:05 4:00-5:20 5:15-6:35 5:30-6:50		4:00-5:20 5:30-6:50			Successful level 1 test	*\$82.00
Girls Dynamites (Level 3) (6yrs- 12yrs)		5:30-7:00		5:30-7:30			Successful level 2 test Requires 2x week commitment	
Boys Mighty Mites (Level 1) (6yrs- 12yrs)		4:00-5:20 6:00-7:20		4:00-5:20 5:30-6:50			Must be 6+ yrs old	*\$82.00
Boys Iron Man (Level 2) (6yrs- 12yrs)		4:30-5:50 6:00-7:20		4:00-5:20 5:30-6:50			Successful level 1 test	*\$82.00
DROP IN CLASSES								
Preschool Play Group (walking thru 5 yrs old)	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	Parent Participation Drop in Class	\$10/\$15
Adult Tramp & Tumble 16+ yrs old		8:00-9:00					Drop In Class	\$10.00
TRAMP & TUMBLE (TNT) Tumbling & flipping progression								
Pre-Requisite class Tramp/Tumble Level 1 (6+ yrs old)		4:00-4:55 5:00-5:55		4:00-4:55 5:00-5:55			INTRO to basics of flipping and floor skills. Emphasis on learning safety and foundational skills.	*\$74.00
Tramp/Tumble Level 2 (6+ yrs old)		4:00-4:55 5:00-5:55		4:00-4:55 5:00-5:55			Flipping & tumbling progressions. Must complete level 1	*\$74.00
Tramp/Tumble Level 3	4:00-6:00		4:00-6:00				Must complete Level 3	See office
Tramp/Tumble Level 4	6:00-8:00		6:00-8:00				Must complete Level 4	See office

\$45 annual registration fee not included in above price!

Team Programs include Acro Performance, R.A.D. Competitive Dance Team, and Competitive Gymnastics

*Tuition Calculated based on a 4 week month. Each month's tuition will vary based on how many days in that month



Gymnastics & Trampoline Classes

Class Schedule

Sept 3rd May 31st

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	MON	TUES	WED	THUR	FRI	SAT	REQUIREMENTS/DISC	TUITION
DROP IN CLASSES								
Preschool Play Group (walking thru 5 yrs old)	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	11:00-12:00	Parent Participation Drop in Class	\$10/\$15
Adult Tramp & Tumble 16+ yrs old		8:00-9:00					Drop In Class	\$10.00
TRAMP & TUMBLE (TNT) Tumbling & flipping progression								
Pre-Requisite class Tramp/Tumble Foundations (Level 1) 6+ yrs old		4:00-4:55 5:00-5:55		4:00-4:55 5:00-5:55			INTRO to basics of flipping and floor skills. Emphasis on learning safety and foundational skills.	*\$74.00
Tramp/Tumble Foundations (Level 2) 6+ yrs old		4:00-4:55 5:00-5:55		4:00-4:55 5:00-5:55			Flipping & tumbling progressions on trampoline and floor. Must complete Level 1	*\$74.00
Tramp/Tumble Level 3	4:00-6:00		4:00-6:00				Must successfully complete Level 3	See office
Team TNT Level 4	6:00-8:00		6:00-8:00				Must successfully complete Level 4	See office

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Dance Schedule

Class Schedule Sept 3rd May 31st

216 Commerce St.
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	MON	TUES	WED	THUR	FRI	REQUIREMENTS/DISC	TUITION
DANCE							
Tumble Dance (3yrs- 4yrs)				4:00-5:00		Child must be able to participate successfully without a parent.	*\$74.00
Intro to Dance and Acro (5yrs- 7yrs)				5:00-6:15		Must be 5-7 yrs old	*\$82.00
Jazz/Contemporary Technique (Level 1) (8yrs- 11yrs)		4:00-5:00				Must be 8+ yrs old	*\$74.00
Jazz/Contemporary Technique (Level 2) (9yrs- 11yrs)		5:00-6:00				Successful level 1 test	*\$74.00
Contemporary/Ballet (Level 1) (6yrs- 8yrs)		4:00-5:00				Must be 6-8 yrs old	*\$74.00
Contemporary/Ballet (Level 1) (9yrs- 11yrs)		6:00-7:00				Must be 9+ yrs old	*\$74.00
Street Jazz (Level 1) (9-12yrs old)				4:00-5:00		Must be 9+ yrs old	*\$74.00
Hip Hop (Level 1) (7yrs- 10yrs)		5:00-6:00				Must be 7-10 yrs old	*\$74.00
Hip Hop Level 2		6:00-7:00				Successful level 1 test	*\$74.00
Hip Hop Level 3 Junior Groovz				5:00-6:00		By invite	*\$74.00
Hip Hop Level 4 Senior Groovz				7:00-8:00		By invite	*\$74.00
ACRO FOR DANCERS							
Level 1 6-12 Yrs		5:00-6:00 6:00-7:00		4:00-5:00 5:00-6:00		Must be 6+ yrs old	*\$74.00
Level 2 6-12 Yrs		4:00-5:00 5:00-6:00		4:00-5:00 5:00-6:00		Successful level 1 test	*\$74.00
Level 2-3 Combo 6-12 Yrs		7:00-8:00		6:00-7:00		Successful level 1/2 test	*\$74.00
Level 3 6-12 Yrs		4:00-5:00				Successful level 2 test	*\$74.00
Level 4				7:00-8:30		Successful level 3 test	*\$82.00

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Chart below indicates 1 hr Dance/Acro for Dancers classes. Contact the office for pricing of 1 1/2 class

Dance Classes Per Week	Class Rates	Dance Classes Per Week	Class Rates
1 Dance Class/Acro for Dance	*\$74.00	4 Dance Classes/Acro for Dance	*\$176.00
2 Dance Classes/Acro for Dance	*\$102.00	5 Dance Classes/Acro for Dance	*\$200.00
3 Dance Classes/Acro for Dance	*\$144.00	6 Dance Classes/Acro for Dance	*\$216.00



TEAM OPTIONS

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	MON	TUES	WED	THUR	FRI	SAT	DISCRPTION/REQUIREMENTS
GIRLS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)							
Girls Xcel Bronze	4:30-7:30		4:30-7:30				By Invite Only
Girls Xcel Silver		4:00-7:00		4:00-7:00	4:00-7:00		
Girls Xcel Gold/Platinum		4:00-8:00		4:00-8:00	4:00-8:00		
BOYS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)							
Boys Level 4 & 5		4:30-7:30		4:30-7:30			By Invite Only
Boys Level 6	4:00-8:00		4:00-8:00	Optional 4:00-8:00	4:00-8:00		By Invite Only
Boys Level 7-10	4:00-8:00		4:00-8:00	4:00-8:00	4:00-8:00		By Invite Only
APPRENTICE-APEX ACRO TEAM							
Boys Acro	4:00-6:00		5:00-7:00				By Invite Only
Girls Apprentice Lvl 1 & 2	4:00-6:30		4:00-6:30				By Invite Only
Girls Artisan Acro	4:00-6:00		4:00-6:00				By Invite Only
Girls Apex Acro younger	4:00-7:00		4:00-7:00				By Invite Only
Girls Apex Acro older	5:00-7:00		5:00-7:00				By Invite Only
ACRO TEAM ELECTIVES (RAPT)							
Boys Acro	Hip Hop 6:00-7:00		Breakdance 7:00-8:00		Tramp & Tumble 5:00-6:00		
	Handstand Canes 7:00-8:00				Creative Acro/Acro Tricking 6:00-7:00		
					Acro Intensive/Partner Choreography 7:00-8:00		
Girls Artisan	Hip Hop 6:00-7:00		Jazz 6:00-7:00		Street Jazz 4:00-5:00		
					Contemporary 4:00-5:00		
					Team Ballet 5:00-6:00		
					Tramp & Tumble 5:00-6:00		
					Creative Acro/Acro Tricks 6:00-7:00		
					Acro Intensive/Partner Choreography 7:00-8:00		
Cora's Group	Hip Hop 4:00-7:00		Jazz 4:00-7:00		Contemporary 4:00-5:00		
					Team Ballet 5:00-6:00		
					Tramp & Tumble 5:00-6:00		
					Creative Acro/Acro Tricks 6:00-7:00		
					Acro Intensive/Partner Choreography 7:00-8:00		
Girls Apex	Contemp 4:00-5:00		Jazz 4:00-5:00		Steet Jazz 4:00-5:00		
	Handstand Canes 7:00-8:00				Team Ballet 5:00-6:00		
					Tramp & Tumble 5:00-6:00		
					Creative Acro/Acro Tricks 6:00-7:00		
					Acro Intensive/Partner Choreography 7:00-8:00		
HIGHSCHOOL TROUPE							
Troupe 14-18 yrs old	7:00-9:00		7:00-9:00				Level 3-4 Acro for Dancers Equivalent Must be 14-18 yrs old and in Highschool
GIRLS COMPETITIVE ACRO TEAMS (R.A.D.)							
Aspire R.A.D. Competitve	4:00-7:30		4:00-7:30		4:00-8:00	9:00-11:00	By Invite Only
Premiere R.A.D. Competitive	4:00-7:30		4:00-7:30		4:00-8:00	9:00-11:00	By Invite Only
R.A.D. 2 Competitive	4:00-7:30		4:00-7:30		4:00-8:00	9:00-11:00	By Invite Only

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