



# Gymnastics, Trampoline, & Dance Classes

## Class Schedule

**August 31st - May 31st**

216 Commerce St.  
www.rootsacrosports.com  
Missoula Mt 59808 406-728-4258

	MON	TUES	WED	THUR	FRI	SAT	REQUIREMENTS/DISC	TUITION
<b>GYMNASTICS</b>								
<b>Movement Arts Club 3yrs -5yrs</b>	9:00-12:30 9:00-3:00	9:00-12:30	9:00-12:30	9:00-12:30			Gymnastics, Dance, Art, & Sports Agility	Call For Pricing
<b>Fire Fly (3-4 yrs)</b>		2:30-3:30		3:00-4:00 4:15-5:15 5:30-6:30			Child must be able to participate successfully without parent.	*\$75.40
<b>Super Fly (5yrs)</b>		2:30-3:30 3:45-4:45 5:00-6:00		3:00-4:00 4:15-5:15 5:30-6:30			Child must be able to participate successfully without parent.	*\$75.40
<b>Girls Mighty Mites (Level 1) (6yrs- 12yrs)</b>		2:45-3:45 4:00-5:00 5:15-6:15		4:00-5:00 5:15-6:15			Must be 6+ yrs old	*\$75.40
<b>Girls Star Lights (Level 2) (6yrs- 12yrs)</b>		2:45-4:00 4:00-5:15 5:30-6:45		4:00-5:15 5:15-6:30			Successful level 1 test	*\$83.80
<b>Boys Mighty Mites (Level 1) (6yrs- 12yrs)</b>		3:00-4:00 4:15-5:15 5:30-6:30					Must be 6+ yrs old	*\$75.40
<b>Boys Iron Man (Level 2) (6yrs- 12yrs)</b>		2:45-4:00 4:15-5:30 5:30-6:45					Successful level 1 test	*\$83.80
<b>TRAMPOLINE</b>								
<b>Pre-Requisite class Trampoline Level 1 (6+ yrs old)</b>		6:15-7:15		2:30-3:30 4:45-5:45			INTRO to basics of flipping, conditioning, and tricking	*\$75.40
<b>Trampoline Level 2 (6+ yrs old)</b>		6:45-7:45		3:30-4:30 6:00-7:00			Must complete level 1	*\$75.40
<b>Trampoline Level 3 (6+ yrs old)</b>	4:00-5:00		4:00-5:00				Must complete level 2	*\$75.40
<b>Trampoline Level 4 (6+ yrs old)</b>	5:00-6:00		5:00-6:00				Must complete level 3	*\$75.40
<b>TUMBLING</b>								
<b>TumblingLevel 1 (6+ yrs old)</b>				3:30-4:30 6:00-7:00			INTRO to basics of flipping, conditioning, and tricking	*\$75.40
<b>Tumbling Level 2 (6+ yrs old)</b>				2:30-3:30 4:45-5:45			Must complete level 1	*\$75.40
<b>Tumbling Level 3 (6+ yrs old)</b>	5:00-6:00		5:00-6:00				Must complete level 2	*\$75.40
<b>Tumbling Level 4 (6+ yrs old)</b>	6:00-7:00		6:00-7:00				Must complete level 3	*\$75.40

\$45 annual registration fee not included in above price!

Team Programs include Acro Performance, R.A.D. Competitive Dance Team, and Competitive Gymnastics

\*Tuition Calculated based on a 4 week month. Each month's tuition will vary based on how many days in that month



# Dance Schedule

**Class Schedule Sept 8th May 31st**

216 Commerce St.  
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MOVEMENT ARTS CENTER	MON	TUES	WED	THUR	FRI	REQUIREMENTS/DISC	TUITION
<b>TUMBLE DANCE</b>							
<b>Pixies</b> (3yrs- 4yrs)		5:00-6:00				Child must be able to participate successfully without a parent.	*\$65.00
<b>Minnies</b> (5yrs- 7yrs)		4:00-5:30				Must be 5-7 yrs old	*\$85.00
<b>Moxies</b> (8 -12 yrs)		5:00-6:30				Must be 8-12 yrs old	*\$85.00
<b>BALLET</b>							
<b>Level 1</b> (8+ yrs)	5:00-6:00	4:00-5:00				Must be 8+ yrs old	*\$65.00
<b>Level 2</b> (8+ yrs)	4:00-5:00	6:00-7:00		3:00-4:00		Must successfully pass level 1	*\$65.00
<b>Level 3</b> (8+ yrs)				5:00-6:00		Must successfully pass level 2	*\$65.00
<b>Level 4</b> (8+ yrs)				5:30-7:00		Must successfully pass level 3	*\$65.00
<b>Level 5</b> (8+ yrs)	5:00-6:30		6:30-8:00			Must successfully pass level 4	*\$65.00
<b>Pre-Point</b>				4:00-5:00		Teacher recommendation required	*\$65.00
<b>HIP HOP</b>							
<b>Level 1</b> (8+ yrs)		5:00-6:00				Must be 7-10 yrs old	*\$65.00
<b>Level 2</b> (8+ yrs)				5:00-6:00		Must successfully pass level 1	*\$65.00
<b>Level 3</b> (8+ yrs)			4:00-5:00			Must successfully pass level 2	*\$65.00
<b>Junior Roots Crew</b>		4:00-5:00	4:00-5:00			By Invite	
<b>Senior Roots Crew</b>		8:00-9:30		8:00-9:30		By invite	
<b>LYRICAL/COMTEMPORARY</b>							
<b>Level 1</b> (8+ yrs)				6:00-7:00		Must be 7-10 yrs old	*\$65.00
<b>Level 2</b> (8+ yrs)	5:00-6:00					Must successfully pass level 1	*\$65.00
<b>Level 3</b> (8+ yrs)	4:00-5:00					Must successfully pass level 2	*\$65.00
<b>Level 4-5</b> (8+ yrs)						RAD Competition team enrollment required	
<b>JAZZ</b>							
<b>Intro to Jazz</b> (8+ yrs)		6:00-7:00					*\$65.00
<b>Level 1</b> (8+ yrs)			5:00-6:00			Must be 6+ yrs old	*\$65.00
<b>Level 2</b> (8+ yrs)			6:00-7:00			Successful level 1 test	*\$65.00
<b>Level 3</b> (8+ yrs)			4:00-5:00			Successful level 2 test	*\$65.00
<b>Level 4-5</b> (8+ yrs)						RAD Competition team enrollment required	
<b>ACRO FOR DANCERS</b>							
<b>Level 1</b> (8+ yrs)		4:00-5:00 5:00-6:00				Must be 8+ yrs old	*\$75.40
<b>Level 2/3</b> (8+ yrs)		4:00-5:00				Successful level 1 test	*\$75.40
<b>Level 3</b> (8+ yrs)		7:00-8:00				Successful level 2 test	*\$75.40
<b>Advanced Acro Tricks</b> (8+ yrs)		6:00-7:00				Must have an Aerial and back handspring	

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Team Programs include Acro Performance, R.A.D. Competitive Dance Team, and Competitive Gymnastics

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**Chart below indicates 1 hr Dance/Acro for Dancers classes. Contact the office for pricing of 1 1/2 class**

1 hr Dance Classes Per Wk	Class Rates	1 hr Dance Classes Per Wk	Class Rates
1 Dance Class/Acro for Dance	*\$65.00	4 Dance Classes/Acro for Dance	*\$180.00
2 Dance Classes/Acro for Dance	*\$106.00	5 Dance Classes/Acro for Dance	*\$200.00
3 Dance Classes/Acro for Dance	*\$147.00	6 Dance Classes/Acro for Dance	*\$225.00



# TEAM OPTIONS

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MOVEMENT ARTS CENTER

MON	TUES	WED	THUR	FRI	SAT	DISCRIPTION/REQUIREMENTS
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## GIRLS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)

Girls Dynamites	5:30-7:30		5:30-7:30				By Invite Only
Girls Xcel Bronze		4:00-7:00		4:00-7:00			
Girls Xcel Silver		4:00-7:00		4:00-7:00	4:00-7:00		
Girls Xcel Gold/Platinum		4:00-8:00		4:00-8:00	4:00-8:00		

## BOYS COMPETITIVE GYMNASTICS TEAM (CLASSES START SEPT 3RD)

Boys Level 4 & 5		3:30-6:30		3:30-6:30			By Invite Only
Boys Level 6-8 & JD	4:00-8:00		4:00-8:00	4:00-8:00	4:00-8:00		By Invite Only
Boys Level 9 & 10	12:00-5:00	12:00-5:00	12:00-5:00	12:00-5:00	12:00-5:00		By Invite Only

## APPRENTICE-APEX ACRO TEAM

Boys Acro	5:00-7:00		5:00-7:00				By Invite Only
Girls Apprentice Lvl 1 & 2	4:00-6:30		4:00-6:30				By Invite Only
Girls Artisan Acro	4:00-7:00		4:00-7:00				By Invite Only
Girls Apex Acro	4:00-7:00		4:00-7:00				By Invite Only

## ACRO TEAM ELECTIVES (RAPT)

Boys Acro			Hip Hop 4:00-5:00				
Girls Artisan/Apex					Ballet 4:00-5:00		
					Handstand Canes 4:30-5:30		
					Tramp & Tumble 5:30-6:30		

## HIGHSCHOOL TROUPE

Troupe	6:00-8:00		6:00-8:30				Level 3-4 Acro for Dancers Equivelant Must be in 8th grade to participate
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## GIRLS COMPETITIVE ACRO TEAMS (R.A.D.)

Encore R.A.D. Competitive	4:00-8:00		4:00-8:00	4:00-8:00			By Invite Only
Premiere R.A.D. Competitive	4:00-8:00		4:00-8:00	4:00-8:00	9:00-12:00		By Invite Only

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